

COVID-19 guidelines for A2DRC

In our everyday operations, at work or away, we are all at risk for being infected with SAR-CoV2. In order to ensure we can maintain the safest work environment possible, the following processes will be established at A2DRC. These practices apply to workers at all our sites (on campus and in extension offices).

Please be aware that CDC/WHO guidelines have changed repeatedly during the pandemic. We will adapt our guidelines accordingly, if needed.

1. Self-Monitoring

All A2DRC employees are expected to monitor themselves for COVID19-related symptoms before coming to work, and during the day if new symptoms develop:

Fever (>99.4 in immunocompromised or >100.4 in non-compromised) or chills
Persistent dry cough
Shortness of breath or difficulty breathing
Excessive fatigue
New loss of taste or smell
Muscle or body aches

If not related to other chronic conditions:

Headache
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhea

If fever or any of these symptoms develop, employees should notify their supervisor and leave the workplace to isolate at home. Supervisors should contact Liz Firmage (beckette@arizona.edu / 520-548-3764) or Fernando Martinez (fdmartin@arizona.edu) immediately. Molecular testing for the SARS-CoV2 virus should be sought using health insurance or campus health (see Appendix A. for testing resources). Potentially exposed A2DRC investigators and staff will be notified immediately, so appropriate steps can be taken toward additional cleaning of lab areas etc.

This symptom screening is to be used in addition to other infection prevention strategies as outlined through Centers for Disease Control (CDC), UA and BIO5/BSRL policies including hand washing, masking, and physical distancing.

Employees that go home due to fever or respiratory symptoms should contact their medical provider or campus health for health-related questions. Any employee who does not report to work or leaves the workplace due to fever and/or respiratory symptoms may not return to work until cleared by their healthcare provider or campus health.

2. Return to Work for employees with Respiratory Symptoms and/or Fever Regardless of COVID-19 PCR (nasopharyngeal swab) Test Status (Positive, Pending, Negative, Not Tested)

We will use the non-retest method from the CDC for Return to Work. This method requires that the employee be excluded from work until:

- At least 3 days (72 hours) have passed since recovery, defined as:
 - Resolution of fever without the use of fever-reducing medications AND
 - Resolution of respiratory symptoms with the exception of mild cough (persistence of other symptoms does not qualify for return to work);
 - At least ten (10) days have passed since symptoms first appeared; AND
 - They have been cleared by Campus Health, Occupational Health or their physician.

After returning to work after having respiratory symptoms and/or fever employee should:

- Wear a facemask at all times; and
- Resume or continue to self-monitor for symptoms.

3. Return to Work for Employees with Respiratory Symptoms and/or Fever with an Alternate Diagnosis (e.g., seasonal allergies, throat irritation, minimal cough, sinusitis, etc.)

Employees with respiratory symptoms and/or fever due to non-contagious medical problems, such as seasonal allergies, throat irritation, minimal cough, sinusitis, etc., may not return to work until all the following criteria are met:

- They are without fever for at least 24 hours without the use of fever reducing medications;
- They are without respiratory symptoms for at least 24 hours except for mild residual cough (persistence of other symptoms does not qualify for return to work); and

After returning to work after having respiratory symptoms and/or fever with an alternate diagnosis, employees should:

- Wear a facemask at all times; and
- Continue or resume self-monitoring for symptoms.



4. Return to Work for employees with NO Respiratory Symptoms and/or Fever Who Test Positive on a COVID-19 PCR Test (nasopharyngeal swab)

We will use the non-retest method from the Centers for Disease Control for Return to Work. This method requires that the employee be excluded from work until:

- At least ten (10) days have passed since the test swab was collected

NOTE: If an employee becomes symptomatic during the 10 days after their test was taken then they should follow the guidelines above for *Return to Work for employees with Respiratory Symptoms and/or Fever Regardless of COVID-19 Testing Status*.

After returning to work after having no respiratory symptoms or fever, but a positive COVID-19 employees should:

- Wear a facemask at all times
- Resume or continue to self-monitor for symptoms.

5. Return to Work for employees **with NO Respiratory Symptoms or Fever** Who Test Positive or Negative on a COVID-19 IgG Antibody test

The COVID-19 IgG antibody test is not a diagnostic test and does not indicate active infection. Therefore, employees with no respiratory symptoms and no fever DO NOT NEED to remain self-isolated after a positive or negative test.

Remember that communication is essential. If you have questions, doubts or fears – don't be afraid to ask. We're in this together!



Appendix A. SARS-CoV2 Testing Resources

*Those marked with (**) require appointment*

University of Arizona Campus Health**

1224 E Lowell Street

Phone: (520) 621-9202

<https://health.arizona.edu/appointments>

CVS Drug **

3832 E Speedway Blvd

Phone: (520) 323-3923

CVS Drug **

6310 E Broadway Blvd

Phone: (520) 514-4301

CVS Drug **

615 N Alvernon Way

(520) 320-1184

CVS Drug **

5100 E Grant Road

Phone: (520) 323-0012

Walgreens Drive-Thru Testing **

10315 E Broadway Blvd

Phone: (800) 925-4744

NextCare Urgent Care

1570 E Tucson Marketplace Blvd

Phone: (520) 301-2300

NextCare Urgent Care

4280 N Oracle Road, #100

Phone: (520) 887-0095

NextCare Urgent Care

5369 S Calle Santa Cruz, #145

Phone: (520) 573-7500

NextCare Urgent Care

9525 E Old Spanish Trail, #101

Phone: (520) 731-3666

